

# SHARED WAY OF LIFE - DISCERNMENT PATHWAY

TIMELINE  
(MONTHS)



## INTRODUCTION



## NOTICING



## EXPERIMENTING



## CATCHING

### CONVERSATION

1 hr

#### AIM

> Get familiarised with Way of Life discernment pathway and resources, shaping process to fit unique calling and context of the church.

>> *Way of Life downloadable PDF resources*

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TEAM

CONGREGATION

### QUIET DAY

4.5 hrs

#### AIMS

> Introduction to Way of Life;  
> Noticing our current shared way of life;  
> Naming potential Postures of our shared Way of Life;  
> First introduction to potential Patterns and Practices to embody a shared Way of Life.

>> *Discernment Toolkit*

### COMMUNAL PRACTICES

#### AIMS

> Familiarise church with shared Way of Life language;  
> Experiment with communal Practices of shared Way of Life, 1 or 2 at a time, and embed these in what is already going on, e.g. meetings, services, small groups, seasonal offerings.

>> *Communal Practices Toolkit, to include seven practices to experiment with:*

- *Breath Prayer*
- *Community Examen*
- *Dwelling in the Word*
- *Shared Silence*
- *Dwelling in Creation*
- *Prayer Journeying*
- *Listening Groups*

### REVIEW

1 hr

#### AIMS

> Review process so far and get feedback on experimental face. Adapt where needed.

### FOLLOW UP SESSION

1.5-2 hrs

#### AIMS

> Refresher of shared Way of Life;  
> Catching our shared Way of Life by using examples of other Ways to start Naming the Postures of our shared Way of Life;  
> Agree commitment to one or two Patterns and Practices to start Embodying our shared Way of Life.

>> *Examples Pack, Communal Practices Toolkit*



**WAY OF LIFE**

STAY ♦ SHARE ♦ SERVE

# SHARED WAY OF LIFE - DISCERNMENT PATHWAY

8

9

10

11

12

13

18-24



## NAMING



## SHARING



## EMBODYING



## COMMITTING

## REVIEW

### NAMING OUR SHARED WAY OF LIFE

#### AIM

> Create an initial summary of what the shared Way of Life will look like (2x A4).

>> *Way of Life Summary Worksheet, Postures Worksheet, Patterns Worksheet*

### SHARING TO WIDER CHURCH

*Sermon series / Community day / Small group sessions / Lent or Advent sessions*

#### AIMS

> Involving wider congregation in process, introducing them to Way of Life movements and church's shared Way of Life including Postures, Patterns and Practices;

> Encourage individuals to think through what this might look like in their personal lives.

>> *Diocesan Lent offerings*

### EMBED PATTERNS & PRACTICES

#### AIMS:

> Embed patterns and practices (initially committing to at least one 'Stay with God' communal practice and one 'Share the Journey' communal practice);

> Explore what commitment to this might look like and mean, including processes for accountability and how the full congregation will be included/invited into all practices.

>> *Communal Practices Toolkit*

### SERVICE OF COMMITMENT

#### AIMS

> Inviting people across the congregation to commit to shared Way of Life, initially for a specific amount of time (e.g. 6 or 12 months). Potentially led by Bishop during confirmation service.

>> *Way of Life Example Liturgy*

### FOLLOW UP SESSION

*1.5-2 hrs*

#### AIMS

> Review commitment to shared Way of Life regularly, but also specifically after 6-12 months, including thinking through the cycle of joining, renewing, and laying down of commitment.

>> *Community Examen*

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